



CHOCOLATE AND BANANA RECOVERY SMOOTHIE

2 servings | 5 minutes

INGREDIENTS

- 1 large frozen banana
- 1 tbsp cocoa powder
- 2 cups of almond milk (or other milk of your choosing)
- 2 scoops of your favourite chocolate-flavoured protein powder (we recommend a vegan protein option such as Sunwarrior)

METHOD

Add all ingredients to a blender and process until smooth.

Pour, Recover & Enjoy!